

# INFORMATION PACKAGE FOR REFUGEES IN CEU DORMITORY

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## CEU Dormitory Facilities:

### Cafeteria

Cafeteria opening hours:

7:00 a.m.—10:00 a.m.

11:30 a.m.—3:00 p.m.

6:00 p.m.—9:00 p.m.

### Wi-Fi/Internet

**Username:** CEU External and Event **Password:** newHOME2022

### Laundry

Free tokens are available for the laundry. Laundry is in the basement, there are washing and drying machines

### Donations (clothes, toys, etc.)

Anything can be picked up at the drop off point in the CEU dorm. Collected items are available in the CEU Dormitory. Please check with reception.

Further information regarding rules and regulations of the dormitory:

<https://residencecenter.ceu.edu/rules-and-regulations>

## Other Accommodation Options:

- <https://www.host4ukraine.com/>
- <https://www.ukrainetakeshelter.com/>  
<https://shelter4ua.com/ua>
- <https://www.supportukraine.hu/uk/szallasok-listaja/#szallassegelyszervezetek>
- <https://shelterukr.com/>
- <https://www.eu4ua.org/>
- <https://maltai.hu>
- <https://szallas.hu>
- <https://hospitality-helps.org>
- <https://hwhelp.hostelworldgroup.com>
  
- Open houses for Ukrainians in Budapest  
<https://m.facebook.com/groups/1279120059240703/?ref=share>
- Accommodation, Help & Shelter for Ukraine:  
<https://www.facebook.com/groups/699929631375624>
- Hotel accommodation: [https://www.instagram.com/p/Ca9L\\_lisW-6/?utm\\_medium=copy link](https://www.instagram.com/p/Ca9L_lisW-6/?utm_medium=copy_link)

## Food (and Open/Welcome Spaces)

- Sandwich Bar – István utca 27, district 7th, 1078 Budapest; opening hours 10.00am - 08.00pm (everyday): <https://www.facebook.com/szendvicsbar.27/>
- The Workshop – Paulay Ede utca 16, 1061 Budapest; opening hours 09.00am - 05.00pm (Mon-Sat): <https://www.facebook.com/theworkshop.budapest>

## Other helpful websites

Multiple Help resources: <https://www.ukrainehelp.hu/>

Legal Aid: <https://ukrainelegalaid.org/>

Academic Opportunities/ Jobs: <https://scienceforukraine.eu/>

## Medical and Mental Health Supports

Ukrainian nationals are entitled to free acute and emergency care in Hungary from healthcare providers contracted with the social security system. This opportunity exists with domestic general practitioners, specialized clinics, hospitals – upon presentation of a passport.’

### General And Free Medical Care

GP-s are informed by the authority (NEAK): how to manage financially (for free) refugee families/patients.

Clinic	Address	Phone Number	Opening Hours	Details
<b>VII. District Clinic</b>	Dob utca 86. (1073)	+3613210358	24/7	For outpatient care and prescriptions
<b>Duna Medical Center</b>	Lechner Ödön fasor 9 (1095)	+36706980696	08:00-20:00	Provides free outpatient medical care to citizens in need who have fled the war in Ukraine. Internal medicine for people with general health complaints is provided <b>on working days between 08:00 and 20:00.</b> In case of pregnancy-related complaints and urgent gynaecological problems, they provide care for displaced refugees in difficult situations 24 hours a day, 7 days a week, in the emergency unit of the maternity centre. <b>To access these services, call +36706980696</b> Passport is needed and a Ukrainian document is needed (student card, residence permit, etc.) They will provide an interpreter during the medical care.

<b>Semmelweis University emergency Room</b>	Üllői út 78a (1082)	+36206662038	24/7	-
<b>Bethesda Children's Hospital</b>	Ilka utca 57. (1143)	+3614222767	24/7	Dr. Baligh Éva offers medical check-ups and prescriptions for those under 18
<b>Felnőtt orvosi ügyelet X. kerület</b>	Pongrácz u. 19 (1101)	+3612615834	n/a	
<b>Dr. Kóczyán Béla (GP)</b>	n/a	+3612628295 or +36708857161 Email: <a href="mailto:dr.koczian.bela@gmail.com">dr.koczian.bela@gmail.com</a>	n/a	
<b>Dr. Bukovinszky Éva (Paediatrician)</b>	Kerepesi úti gyermekorvosi rendelő Kerepesi út 67. (1106)	+3612612177	Different for each day (closed on Friday-Sunday)	

## Mental Health Support

Organization/Persons	Contact	Details
<b>Next Step Hungary Association</b>	<a href="mailto:wellbeing@nextstepeu.org">wellbeing@nextstepeu.org</a>	The association offers free mental health support in English
<b>Pszí. Point</b>	<a href="https://www.facebook.com/nex.t.step.hungary/">https://www.facebook.com/nex.t.step.hungary/</a> <a href="https://pszí.hu/ukrajnai-menekultek-probono">https://pszí.hu/ukrajnai-menekultek-probono</a>	Hungarian psychologists provide free psychological help for refugees fleeing Ukraine (languages: english, ukrainian, russian, italian, spanish, german, romanian)
<b>Sabrina Mahmood, PhD</b>	+36205041441 (WhatsApp)	Scholar of clinical psychology, ELTE, Hungary, and certified trauma therapist from Trauma-Aid HAP Switzerland. Offers a free psychological assistance.
<b>Budapest Pride</b>	<a href="https://budapestpride.com/news/info-for-lgbtq-refugees-coming-to-hungary">https://budapestpride.com/news/info-for-lgbtq-refugees-coming-to-hungary</a>	free pro-LGBT+ psychological counselling and support

**Semmelweis University**  
**Department of Psychiatry and**  
**Psychotherapy**

Balassa utca 6. (1083)  
+3612100330 - extension:  
51243

Psychiatric prescriptions and  
consultations

## COVID-19 Information

As of March 7, mask requirements have been lifted in Budapest public transportation and closed spaces. BUT we recommend you to still wear masks if you feel unsafe or if you want to take extra precautions and protect your colleagues.

You can find latest updates about it here - <https://koronavirus.gov.hu/>

### COVID Vaccination

**We STRONGLY encourage you to get vaccinated.**

You can register on the following [page](#): No TAJ number is required for the registration. Please note that everyone has to register for the vaccine individually, as there is no option for central appointment booking organized by the institution. Once you have registered on the site, please be patient. Additional information on the next steps is expected over time via email or phone.

**OTHERWISE**, during vaccination campaign (every Thursday, Friday, and Saturday), you can take vaccination (first dose, second dose, and booster dose) at nearest vaccination points without prior appointment –just walk-in and there will be on-site registration. There are still five vaccines to choose at the vaccination points.

For further information about March vaccination campaign, please check:

<https://vakcinainfo.gov.hu/hirek/marciusban-is-minden-csutortokon-penteken-es-szombaton-oltasi-akcio> **AND** the list of vaccination points can be found here:

[https://koronavirus.gov.hu/sites/default/files/sites/default/files/imce/oltasi\\_akcionapok\\_oltopontjainak\\_listaja\\_2022.xlsx](https://koronavirus.gov.hu/sites/default/files/sites/default/files/imce/oltasi_akcionapok_oltopontjainak_listaja_2022.xlsx)

## Immigration

### National Directorate For Aliens Policing (Bevándorlási És Állampolgársági Hivatal)

People can apply to temporary protection. The latest news on their website is that people can apply for temporary protection in Hungary here:

Address: 131 Harmat utca, Budapest 1108

Opening hours: every day from 8.00 a.m. to 4.00 p.m.

Detailed information in English [here](#).

Extra information if you go to the office: Don't forget to bring all your documents with you, passport, student ID, etc. This would be a good opportunity to ask questions, if you have them, about immigration. Be prepared to spend AT LEAST two hours there, so make sure to charge your phone beforehand, bring earphones, a book, and a light snack and water.

### Masks are MANDATORY

## Legal Support

For further information legal advice regarding migration or other topics, please contact:

Organization	Website	Contact	Address	Useful Links
<b>National Directorate General for Aliens Policing</b>	<a href="http://www.bmbah.hu/index.php?lang=en">http://www.bmbah.hu/index.php?lang=en</a>	Call Center: +36 1 463 9292 (Monday: 8.00-16.00, Thursday: 8.00-13.30)	Budafoki út 60. (1117)	-
Helsinki Bizottság	<a href="https://helsinki.hu/en/">https://helsinki.hu/en/</a>	+361 321 4323 (Monday/Thursday 10.00-18.00, Tuesday 10.00-17.00)	Dohány utca 20. II/9. (1074)	Information/resources - Document for Ukraine <a href="https://helsinki.hu/wp-content/uploads/2022/02/Hungarian_Helsinki_Committee_Ukraine_Guide_2022_02_25_EN.pdf">https://helsinki.hu/wp-content/uploads/2022/02/Hungarian_Helsinki_Committee_Ukraine_Guide_2022_02_25_EN.pdf</a>
It is recommended you contact the organization before applying to any kind of status because they are expert on the subject. They can help people to decide to which status they should apply (temporary protection, asylum) according to their situation.				General info for refugees and migrants <a href="https://helsinki.hu/en/howcanwehelp/refugee-and-migrant-rights/">https://helsinki.hu/en/howcanwehelp/refugee-and-migrant-rights/</a>

Menedék Hungarian  
Association for  
Migrants

<https://menedek.hu/en>

+3613221502

Email:

[menedek@menedek.hu](mailto:menedek@menedek.hu)

On Menedék website, there is a short English/Hungarian/Ukrainian summary about what can the refugees from Ukraine do, if they plan to stay in Hungary. Menedék works with people, who already received temporary protection status, but you can contact them, and they can give you information how to start the application process. They speak English and Hungarian, but if it is needed, they can get a Ukrainian translator.

**UNHCR**

<https://www.unhcr.org/>

+36 1 336 3060

[hunbu@unhcr.org](mailto:hunbu@unhcr.org)

Ipoly utca 5b/c/d  
(1133)



## Other related supports and general information about Budapest

### Information On Budapest City Assistance

Municipality of Budapest site with information for Ukrainian refugees (Ukrainian, English & Hungarian): <https://help.budapest.hu/en/>

### Internet And Sim Cards

- Yettel [offers free sim cards](#) where you can get at two locations: (Need to show all your documents)

Arena Mall

Kerepesi út 9, 1087.

Opening hours: 10am-9pm (Mon-Sat); 10am-7pm (Sun)

Westend Shopping Mall

Váci ut. 1-3.

Opening hours: 8am-10pm

- Telekom – information regarding Ukraine:  
[https://www.telekom.hu/rolunk/sajtoszoba/sajtokozlomenyek/2022/marcius\\_3\\_1](https://www.telekom.hu/rolunk/sajtoszoba/sajtokozlomenyek/2022/marcius_3_1)

### Transportation

From March 4 to April 15, public transport in Budapest is free for Ukrainian refugees if they show any document that they arrived from Ukraine: <https://bkk.hu/utazasi-informaciok/kozossegi-kozlekedes/ukrajna/>.

Free train in Hungary from Keleti: <https://bkk.hu/utazasi-informaciok/kozossegi-kozlekedes/ukrajna/>.

There are two international train stations in Budapest: Keleti and Nyugati - there are volunteer checkpoints with help and information at both sites offered by NGOs.

Website for Hungarian railways: <https://www.mavcsoport.hu/en>.

From border to accommodation, from accommodation to border free of charge  
<https://www.facebook.com/groups/705697020674427/>

### Animals

Allowing entry without an animal health certificate, microchip, rabies vaccine, or passport. Form to be filled after entering Hungary, direct download of the form [HERE](#). Hungarian authorities will also provide rabies vaccination and microchipping to dogs, cats and ferrets entering with refugees. More information [HERE](#)

In Budapest, the Capital City Organization of MÁOK undertake the FREE microchip marking of refugee dogs, immunization against rabies, and the issuance of vaccination books:

<https://maokbudapest.hu/2022/03/03/ingyenes-veszettseg-oltas-es-mikrochip-az-ukran-menekultek-kutyainak/>

## Queer Friendly

Budapest Pride along with several other organization provide support for LGBTQIA+ persons in Hungary  
<https://budapestpride.com/news/help-for-lgbtq-refugees-coming-to-hungary>

## Important Contacts

### **CEU Dormitory**

Address: Kerepesi út 87. Budapest 1106 (District 10th)

Reception:

E-mail: [dormreception@ceu.edu](mailto:dormreception@ceu.edu)

Telephone: +36 1 327 3150

Extension: 5555

**In a case of emergency, call 112 (English speaking operators available)**